

## TOOWOOMBA MARATHON - CUT OFF POLICY

Each race of the Toowoomba Marathon has an official cut off time in which participants must complete their race. These cut off times are enforced so roads can be re-opened to the public in accordance with event permits.

It is important that all participants read the full cut off policy. Six key points of information:

1. Start line time closure
2. Official cut-off times (gun times)
3. Kilometre pace required to finish within the race cut off time
4. Progressive race cut off times along the course
5. Locations where officials will monitor and enforce the race cut off times
6. Disqualification

Official cut off times and the selected locations for enforcement are detailed below in race specific sections. These are all based off the gun time i.e. the time when the starting gun is fired. Course officials will issue warnings throughout the course and have the authority to remove participants from the race at any of the listed cut off locations where a participant is behind the cut off time and their safety or event progress is compromised.

It is important to note it remains the participant's responsibility to ensure they finish within the official cut-off time. The pace guideline included for each race will assist participants with their training and race day pacing, especially those who start their race towards the back of the field according to their designated start zone. Should a participants' gun finish time fall outside the official cut-off time an official result will not be published or provided.

Event organisers are committed to all participants having a great experience at the Toowoomba Marathon. To avoid disappointment, event organisers strongly suggest that all participants familiarise themselves with the cut off policy for their chosen race.

## CUT OFF ENFORCEMENT POINTS

## Sunday 5 May 2024

| TOOWOOMBA MARATHON |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Start Time: | 6:15am |  |  |  |  |
| Official Cut Off Time: | 6 hours 30 minutes (Gun time) |  |  |  |  |
| Finish Line Closes: | 12:45pm |  |  |  |  |
| Pace Guideline: | Participants must be able to maintain a 9 minute 15 second per kilometre pace or better once crossing the start line |  |  |  |  |
| Cut Off Point | Location | Intersection (Approximate) | KM <br> Mark | Duration from Gun Time | Time |
| 1. Start Line Closes | Arthur Street |  | 0 | 0 mins | 6:15am |
| 2. James Street | Kitchener Street | James Street | 2 | 18 mins | 6:33am |
| 3. Prince Henry Drive | Prince Henry Drive | Katoomba Crescent | 15 | 2 hrs 19 mins | 8:34am |
| 4. Prince Henry Drive | Prince Henry Drive | 'Lovers Outlook' | 18 | 2 hrs 47 mins | 9:02am |
| 5. Dudley Street | Dudley Street | Campbell Street | 20 | 3 hrs 05 mins | 9:20am |
| 6. Long Street | Long Street | Spiro Street | 25 | 3 hrs 52 mins | 10:07am |
| 7. Long Street | Long Street | High Street | 30 | 4 hrs 38 mins | 10:53am |
| 8. Margaret Street | Margaret Street | Ruthven Street | 35 | 5 hrs 24 mins | 11:39am |
| 9. Bridge Street | Bridge Street | Dudley Street | 40 | 6 hrs 10 mins | 12:25pm |
| 10. Finish Line Closes | Toowoomba Sports Ground |  | 42.2 | 6 hrs 30 mins | 12:45pm |
| HALF MARATHON <br> Start Time: <br> Official Cut Off Time: <br> Finish Line Closes: <br> Pace Guideline: | 6:15am <br> 3 hours 45 minutes (Gun <br> 10:00am <br> Participants must be able or better once crossing the | time) <br> to maintain an 10 minut the start line | inute 45 seco | d per kilometre | ace |
| Cut Off Point | Location | Intersection (Approximate) | KM <br> Mark | Duration from Gun Time | Time |
| 1. Start Line Closes | Arthur Street |  | 0 | 0 mins | 6:15 am |
| 2. James Street | Kitchener Street | James Street | 2 | 18 mins | 6:33am |
| 3. Long Street | Long Street | Webb Street | 6 | 1 hr 5 mins | 7:20 am |
| 4. Herries Street | Herries Street | West Creek Pathway | 10 | 1 hr 48 mins | 8:03 am |
| 5. Prince Henry Drive | Prince Henry Drive | Katoomba Crescent | 15 | 2 hrs 41 mins | 8:56 am |
| 6. Dudley Street | Dudley Street | 'Lovers Outlook' | 18 | 3 hrs 14 mins | 9:29 am |
| 7. Dudley Street | Dudley Street | Campbell Street | 20 | 3 hrs 35 mins | 9:50 am |
| 8. Finish Line Closes | Toowoomba Sports Ground |  | 21.1 | 3 hrs 45 mins | 10:00 am |
| 10KM <br> Start Time: <br> Official Cut Off Time: <br> Finish Line Closes: <br> Pace Guideline: | 6:30am <br> 2 hours (Gun time) <br> 8:30am <br> Participants must be abl or better once crossing | to maintain a 12 minu he start line | ute per kilo | tre pace |  |
| Cut Off Point | Location | Intersection (Approximate) | KM Mark | Duration from Gun Time | Time |
| 1. Start Line Closes | Arthur Street |  | 0 | Omins | 6:30am |
| 2. Campbell Street | Campbell Street | Curzon Street | 2 | 24 mins | 6:54am |
| 3. Dudley Street | Dudley Street | Bridge Street | 8 | $1 \mathrm{hr} \mathrm{36mins}$ | 8:06am |
| 4. Campbell Street | Campbell Street | Mackenzie Street | 9 | $1 \mathrm{hr} \mathrm{48mins}$ | 8:18am |
| 5. Finish Line Closes | Toowoomba Sports Ground |  | 10 | 2 hr | 8:30am |


| 5KM |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Start Time: | 10:30am |  |  |  |  |
| Official Cut Off Time: | 1 hour 10 minutes (Gun time) |  |  |  |  |
| Finish Line Closes: | 11:40am |  |  |  |  |
| Pace Guideline: | Participants must be able to maintain a 14 minute per kilometre pace or better once crossing the start line |  |  |  |  |
| Cut Off Point | Location | Intersection <br> (Approximate) | KM Mark | Duration from Gun Time | Time |
| 1. Start Line Closes | Arthur Street |  | 0 | 0 mins | 10:30am |
| 2. Campbell Street | Campbell Street | Hickey Street | 4 | 56 mins | 11:26am |
| 3. Finish Line Closes | Toowoomba Sports Ground |  | 5 | $1 \mathrm{hr} \mathrm{10mins}$ | 11:40am |
| 2KM JUNIOR DASH |  |  |  |  |  |
| Start Time: | 10:00am |  |  |  |  |
| Official Cut Off Time: | 20 minutes (Gun time) |  |  |  |  |
| Finish Line Closes: | 10:20am |  |  |  |  |
| Pace Guideline: | Participants must be able to maintain a 10 minute per kilometre pace or better once crossing the start line |  |  |  |  |
| Cut Off Point | Location | Intersection (Approximate) | KM Mark | Duration from Gun Time | Time |
| 1. Start Line Closes | Arthur Street |  | 0 | 0 mins | 10:00am |
| 2. Finish Line Closes | Toowoomba Sports Ground |  | 2 | 20 mins | 10:20am |

